



SHRI KRISHNA AYURVEDIC MEDICAL COLLEGE & HOSPITAL

RaunaKhurd, Cholapur, Varanasi

Revised Time Table for Ist Prof. (Batch 2025-26)

w.e.f 01/04/2026

Day	TIME						
	10:00-10:11 AM	11:00-12:00 PM	12:00-01:00 PM	01:00-01:30 PM	01:30-2:30 PM	2:30-4:30 PM	
Monday	RachanaSharir (L) Dr. Ashraf Khan Reader	Kriya sharir (L) Dr. Renu Singh Professor	Sanskrit (NLT) Mr Amit Tiwari Lecturer	L U N C H	Samhita Adhyayan (NLT) Dr. SuryabhanSingh Lecturer	GROUP-A RachanaSharir (Practical)	GROUP-B KriyaSharir (Practical)
Tuesday	RachanaSharir (L) Dr. Nivedita Lecturer	KriyaSharir (L) Dr. Praveen Singh Lecturer	PadarthaVigyan Dr Ashok Kumar (L) Professor		SamhitaAdhyayan (L) Dr. Suryabhan Singh Lecturer	GROUP-B RachanaSharir (Practical)	GROUP-A KriyaSharir (Practical)
Wednesday	RachanaSharir (L) Dr. Ashraf Khan Reader	SamhitaAdhyayan (L) Dr. SuryabhanSingh Lecturer	Sanskrit (NLT) Mr Amit Tiwari Lecturer		SamhitaAdhyayan (NLT) Dr. Suryabhan Singh Lecturer	GROUP-A RachanaSharir (Practical)	GROUP-B KriyaSharir (Practical)
Thursday	RachanaSharir (L) Dr. Nivedita Lecturer	Sanskrit (NLT) Mr Amit Tiwari Lecturer	PadarthVigyan (NLT) Dr Ashok Kumar Professor		SamhitaAdhyayan (L) Dr. Suryabhan Singh Lecturer	GROUP-B RachanaSharir (Practical)	GROUP-A KriyaSharir (Practical)
Friday	Sanskrit (L) Mr Amit Tiwari Lecturer	PadarthVigyan (NLT) Dr Ashok Kumar Professor	SamhitaAdhyayan (NLT) Dr. Suryabhan Lecturer		KriyaSharir (L) Dr. Praveen Singh Lecturer	Rachana Sharir (NLT) Dr. Nivedita Tripathi Lecturer	
Saturday	Sanskrit (L) Mr Amit Tiwari Lecturer	PadarthVigyan (L) Dr Ashok Kumar Professor	SamhitaAdhyayan (NLT) Dr. Suryabhan Lecturer		Kriya Sharir (NLT) Dr. Renu Singh/ Professor Recreation on last Saturday	Library	Physical Education

*L - Lecture *NLT- Non Lecture Theory *NLP- Non Lecture Practical

Copy to, Group A Roll No. - 1 to 30 Group B Roll No. :- 31 to 60

1. The Director
2. The Principal
3. All Head, Department of Rachana Sharir, Kriya Sharir, Ayurved Samhita and Siddhant
4. Notice Board

Principal